

SMUS Summer Academy: Squash

July 26 - August 1, 2009



Ages 12-17

Players at any level of athletic ability can learn the basics of squash or improve their skills with training in a state-of-the-art facility with a team of Squash Canada-certified coaches. With a four-to-one player/coach ratio, you will also have personalized training and physical conditioning for squash that includes video analysis of your technique.

Sample Daily Schedule

7:30 - 9 am	Breakfast
9 am - noon	Instruction
noon - 1 pm	Lunch
1 - 4 pm	Instruction
5 pm	Dinner
7 - 9 pm	Evening Activities
9 pm	Snack
9:30 pm	Evening Check-in

With residential option



Summer Academies

Join students from across North America in this unique summer programme. Youth age 12-17 can spend a week enhancing their skills in a specific area through an intensive, hands-on learning experience with expert instructors. Structured classes include practice sessions, exercises, skill-building activities, group work, field trips, and other forms of learning that complement the subject area.

Tuition Fee includes:

- Instruction, supplies, field trips, lunch, and a programme souvenir
- Residential option also includes accommodation, three meals, evening snack, and evening activities

TITLE	DATES	AGES	TUITION
Voice	July 5-18	14-17	\$1150
Film	July 12-18	14-17	\$450
Cricket	July 19-25	12-15	\$195
Squash	July 26-August 1	12-17	\$450
Passion Sports Basketball	August 2-8 <i>or</i> August 16-22	12-16 12-16	\$198
AP Art Prep	August 16-22	Entering Gr. 10-12	\$625

Residential Option: add \$315 per week

A double occupancy dorm room is provided with on-site supervision, in-room shower facilities, bed linens, three meals per day and an evening snack. Students are expected to bring personal items and toiletries.

Online Registration is available at:

Registration Fee: \$50

www.smus.bc.ca/campus/extension/academies.asp

For further information, contact:

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Education Extension Programmes
3400 Richmond Road, Victoria
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Tel: 250-370-6120

Web: www.smus.bc.ca/campus/extension.html